

## *Do not tell us*

Do not tell us  
to stay at home or  
to go home earlier.  
Just to be safe

Do not tell us  
that this brokenness is our fault:  
that we asked for this

Do not tell us  
that we are liars  
when we speak up about what you did to us

Do not tell us  
that we could've prevented this -  
Because you know  
we had no choice

Do not tell us  
that no means yes  
because no, means no.

Do not tell us  
that we wanted your hands on our body -  
Because we didn't  
and you know it

Do not tell us  
That because of what we wore  
we asked for it

Do not tell us  
that we didn't put up a fight  
Because we did -  
And tried so damn hard

To tell you no,  
to scream louder,  
to stop your hands from going any further  
to cease the pain

Do not tell us  
That you didn't hear our screams;  
Because I know they rang in your ears

Do not tell me  
that these bruises mean nothing to you  
They are scars  
from the pain you put me through

Do not tell me  
that the memories will go away  
because they haunt me every single day

Do not tell me  
i'm nothing but an object  
Seriously;  
Learn some respect

Do not tell me  
that you own us:  
You don't

Sorry, but it's my body  
Not yours.