

IEUA-QNT FACTSHEET

COVID-19 Resources



COVID-19 phone support

- 13HEALTH (13 43 25 84)
- National Coronavirus Health Information Line (1800 020 080)

QLD Government

- [COVID-19 Homepage](#)
- Community Recovery Hotline for help with food and medicine (1800 173 349)

NT Government

- [COVID-19 Homepage](#)
- Testing (1800 008 002)
- Travel, borders and remote communities (1800 518 189)

Mental health and wellbeing support

- [Australian Psychological Society](#)
- [Beyond Blue](#) (1300 224 636)
- [Lifeline](#) (13 11 14)
- [Queensland Health](#)
- [Red Cross](#)
- [RUOK](#)
- Salvation Army (13 72 58)
- Parentline (1300 301 300)
- Mensline Australia (1300 789 978)
- Relationships Australia (1300 364 277)
- Centacare (1300 138 070)
- Kids Helpline (1800 551 800)
- Alcohol and Drug Information Service (1800 177 833)
- Suicide Call Back Service (1300 659 467)

Australian Government Department of Health

- [Coronavirus disease \(COVID-19\) What you need to know](#)
- [COVID-19 Frequently Asked Questions](#)
- [Information on social distancing](#)
- [Isolation guidance](#)
- [Home isolation guidance when unwell](#)

Queensland Health

- [Novel coronavirus \(COVID-19\) prevention](#)
- [COVID-19 cleaning and disinfection recommendations](#)
- [Pandemic risk management for business](#)
- [Industry resources](#)

First Nations resources

- [Resources for Aboriginal and Torres Strait Islander people and remote communities](#)
- [Advice for remote communities - Northern Territory Government](#)
- [Messages in language - Northern Territory Government](#)

Informal database of mutual aid groups

This is a searchable database of Australian informal (i.e. not a registered organisation) mutual aid groups organised by state and territory.

- <http://tiny.cc/9ibhlz>

Social connectivity

- [*Social connectivity in a pandemic*](#) by Jane Britt

IEUA-QNT Contacts

Our union is available to assist any member in need of support.

We encourage all members seeking advice to contact our union:

- 1800 177 937 (QLD)
- 1800 351 996 (NT)
- Email: memberalert@qieu.asn.au